

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Parmesan chicken, orzo pasta and green beans	2 Turkey Tamale Pie with mixed green salad	3	4
5	6	7 Chicken Spaghetti, garden salad & rolls	8 Prime Rib, mashed potatoes & broccoli	9 Cornish hen Orange pecan wild rice, sautéed spinach	10	11
12	13	14 Chicken Pot pie Apple and pear salad	15 Pecan pork, Mashed potatoes & sauteed greens	16 Meat loaf, rice and gravy and green beans	17	18
19	20	21 Shrimp and grits, crusty bread and mixed green salad	22 Turkey tetrazzini Cucumber, pole bean & tomato salad	23 Roasted chicken, broccoli and cauliflower & potatoes	24	25
26	27	28 Beef tips with rice, Greek salad and rolls	29 Chicken Marsala, pasta and asparagus	30 Hamburger steak, mashed potatoes and peas		

SEPTEMBER TAKE HOME

Altadena 262-9733
RockyRidge 979-7570



EITHER IT IZ, OR IT ISN'T.

*Orders are ready for pick up
4:00- 8:00pm*

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